



THE EDGE YOU NEED  
THE QUALITY YOU DESERVE

# DAVINA B.

21 YEARS OF GRAPHIC & WEB DESIGN EXPERIENCE

Davina founded *Heavy Designs* in 1999, providing **graphic & web design services** to companies around the globe. These example designs show Davina's skills in UI / UX (User Interface & User Experience). More works can be found on her official website: [www.heavydesigns.com](http://www.heavydesigns.com)

# VETERINARIANS

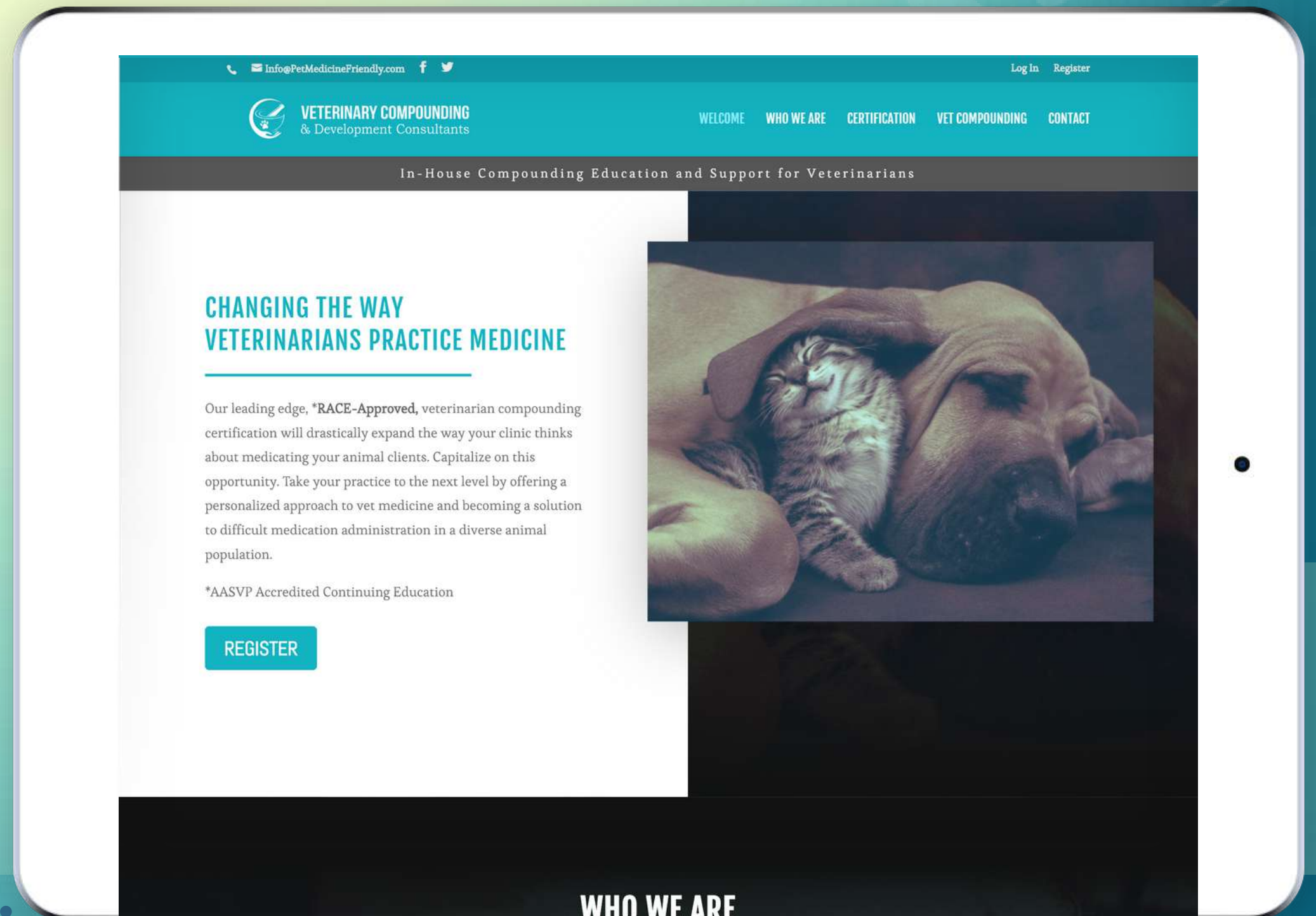
PET MEDICINE FRIENDLY

<https://petmedicinefriendly.com>

Mobile responsive website is for a **Veterinarians Practice**. Members signup for membership levels so they can get certified online. (View website for live version)

NOTE: The design provided in the link above is subject to change depending on the client.

RESPONSIBLE FOR BRAND CREATION\*



## WHO WE ARE

Our mission is to provide optimal pet care through pharmaceutical education and ongoing advances to small animal clinic practices. Our team of pharmacists, veterinarians, and other professionals work collaboratively to provide compounding support and innovative ideas to increase veterinary clinic profits and individualize pet care.



Soft & sweet, with lots of **cute personality** to boot. The focus is registering people to their veterinarian services. Therefor I created a layout that was engaging & easy on the eye. With imagery popping out at you everywhere, I convenue browsers to dip deeper.

This website is also one of my favorites because of it's **engaging photos & beautiful colors**. Besides, who doesn't like animals?

IMAGE  
SHADOW+  
FILTER

FOCUS  
AREAS

SERVICES  
LISTED



### HIGHLY PROFITABLE VETERINARY PRACTICES

- Access to personalized, compounded medicine
- Compounding certification and training
- Formulas / Recipes
- Contracted pharmacist

[Read more](#)

### VET COMPOUNDING

Veterinarians often find themselves in unfamiliar waters when trying to properly medicate many different types of animals. Availability, cost, and a lack of appropriate dosage forms can all contribute to a challenging landscape of pet medicating. Additionally, the number of FDA approved products for veterinary use is relatively small compared to true demand. Although human FDA approved products may be used in some cases, they are often inappropriate for use in animals due to varying strengths, dosage forms, ingredient content, and a number of other considerations.

[Read more](#)



## SERVICES

*(What is included with membership)*

### PHARMACIST CONTRACT

*Collaborative contract with a team of registered compounding pharmacists allowing your clinic to compound easy-to-make individualized vet medications*

[Read more](#)

### TRAINING AND CERTIFICATION

*RACE approved continuing education and certification allowing your clinic to safely and effectively make in-house individualized medications*

[Read more](#)

### COMPOUNDING RECIPES/ FORMULATIONS

*Access to veterinarian friendly compounding recipes including flavoring charts and client handouts*

[Read more](#)

### SETUP, EQUIPMENT, AND PRODUCT SELECTION ASSISTANCE

*Your clinic understands the need for custom, compounded medications. What equipment is needed? Where can I purchase pharmaceutical powders? We have everything you need to get you in the process.*

### PRE-CONSTRUCTED DOCUMENTS IN COMPLIANCE WITH USP COMPOUNDING STANDARDS

*Compounding record sheets and other ready-to-use forms making compounding documentation quick and*

### MARKETING MATERIALS

*You want your clients to know about this unique medication compounding service that you offer. We can help you market your in-house, personalized, medication compounding service.*

Log InRegister

VCDC

Username or Email Address

200035365

Password

••••••••

☐ Remember Me

Log In

Lost your password?

[← Back to Veterinary Compounding & Consultants, LLC](#)

REGISTER / LOGIN

CUSTOM LOGIN

CONTACT FORM

Message us to find out more...

Name

Email Address

Message

Submit

Read more

Read more

Read more

VETERINARIAN CLINIC PRICING

- \$275/month for 12 months
- \$3000/year (12 months paid in full)
- All services included
- Unlimited support\*

*\*Prices subject to change*

Highly profitable, industry changing compounding solutions for small animal non-food veterinary practices

REGISTER

Let's Talk!

Schedule your free consultation today.

Bring your questions. Let's discuss in-house compounding in your veterinary clinic.

Veterinary Compounding &

Message us to find out more...

Name

Email Address

Message

Login or Signup!

Login

Signup

VERIFIED & SECURED

Contact Us

Info@PetMedicineFriendly.com

VCDC

VCDC | PetMedicineFriendly.com

f



CONTACT  
BAR

BRAND  
LOGO

SOCIAL  
MEDIA  
BUTTONS

MEMBERSHIP  
SIGNUP / LOGIN

☎ [Info@PetMedicineFriendly.com](mailto:Info@PetMedicineFriendly.com) [f](#) [t](#)

[Log In](#) [Register](#)



VETERINARY COMPOUNDING  
& Development Consultants

[WELCOME](#)

[WHO WE ARE](#)

[CERTIFICATION](#)

[VET COMPOUNDING](#)

[CONTACT](#)

In-House Compounding Education and Support for Veterinarians

## CHANGING THE WAY VETERINARIANS PRACTICE MEDICINE

Our leading edge, **\*RACE-Approved**, veterinarian compounding certification will drastically expand the way your clinic thinks about medicating your animal clients. Capitalize on this opportunity. Take your practice to the next level by offering a personalized approach to vet medicine and becoming a solution to difficult medication administration in a diverse animal population.

\*AASVP Accredited Continuing Education

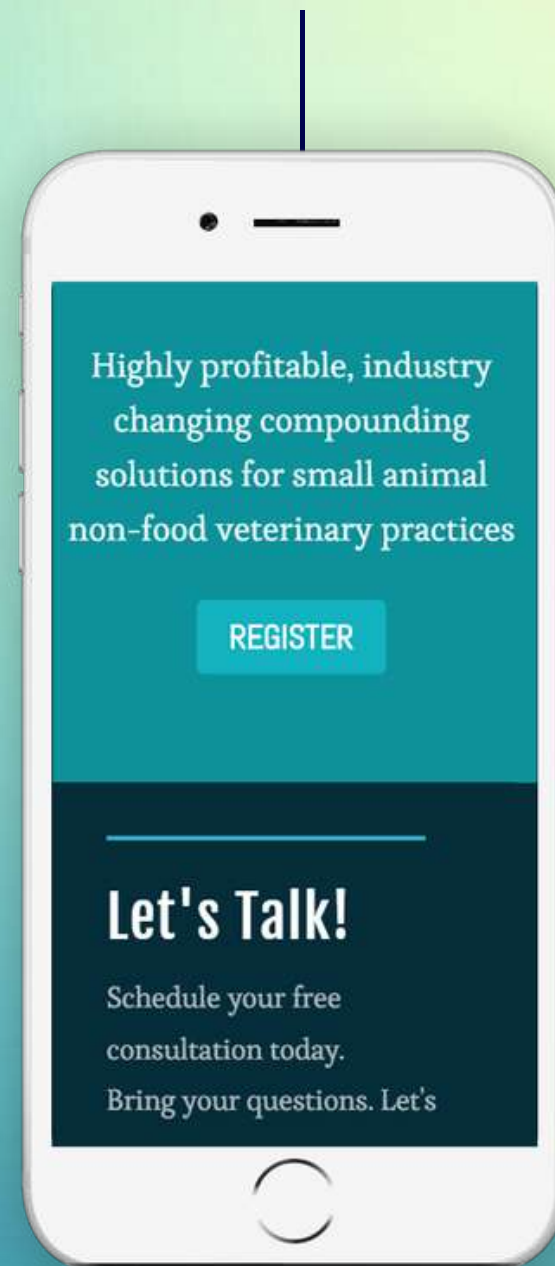
REGISTER







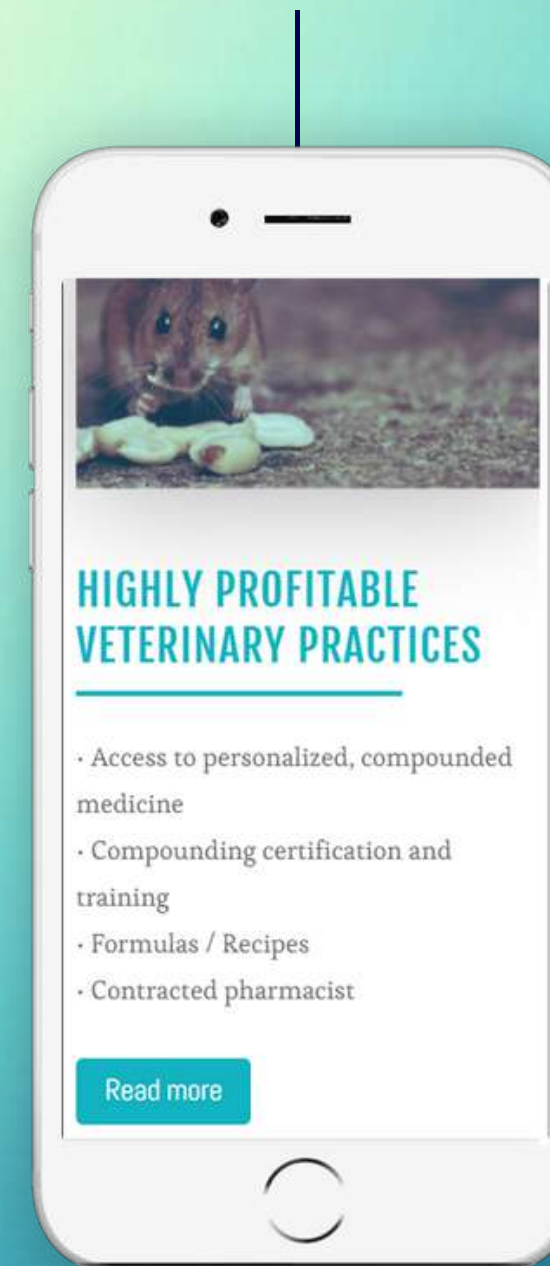
## MEMBERSHIP REGISTRATION

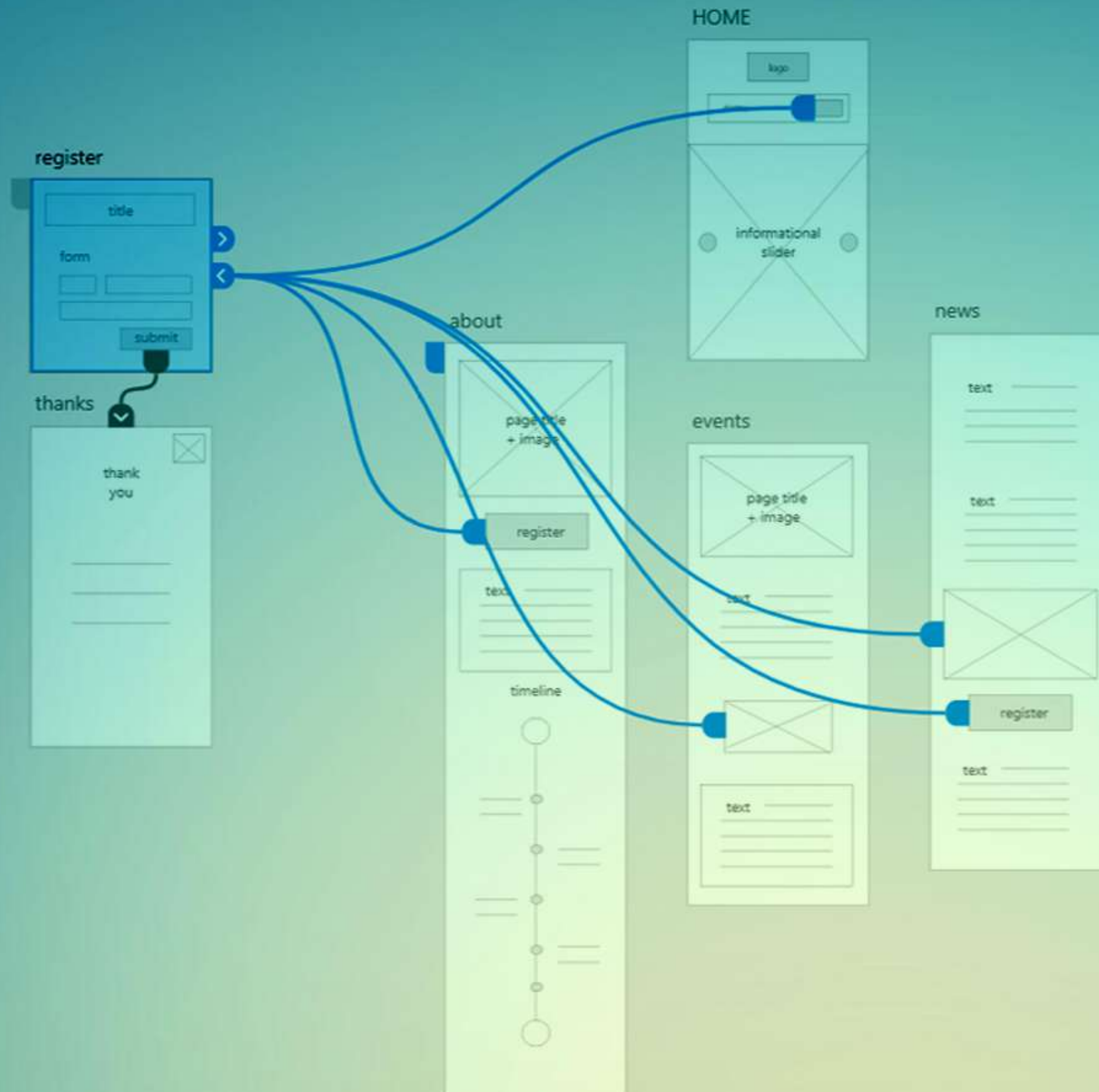


## CUSTOM LOGIN



## FOCUS AREAS





## PROGRAMS / APS

**Adobe XD**  
(prototyping)

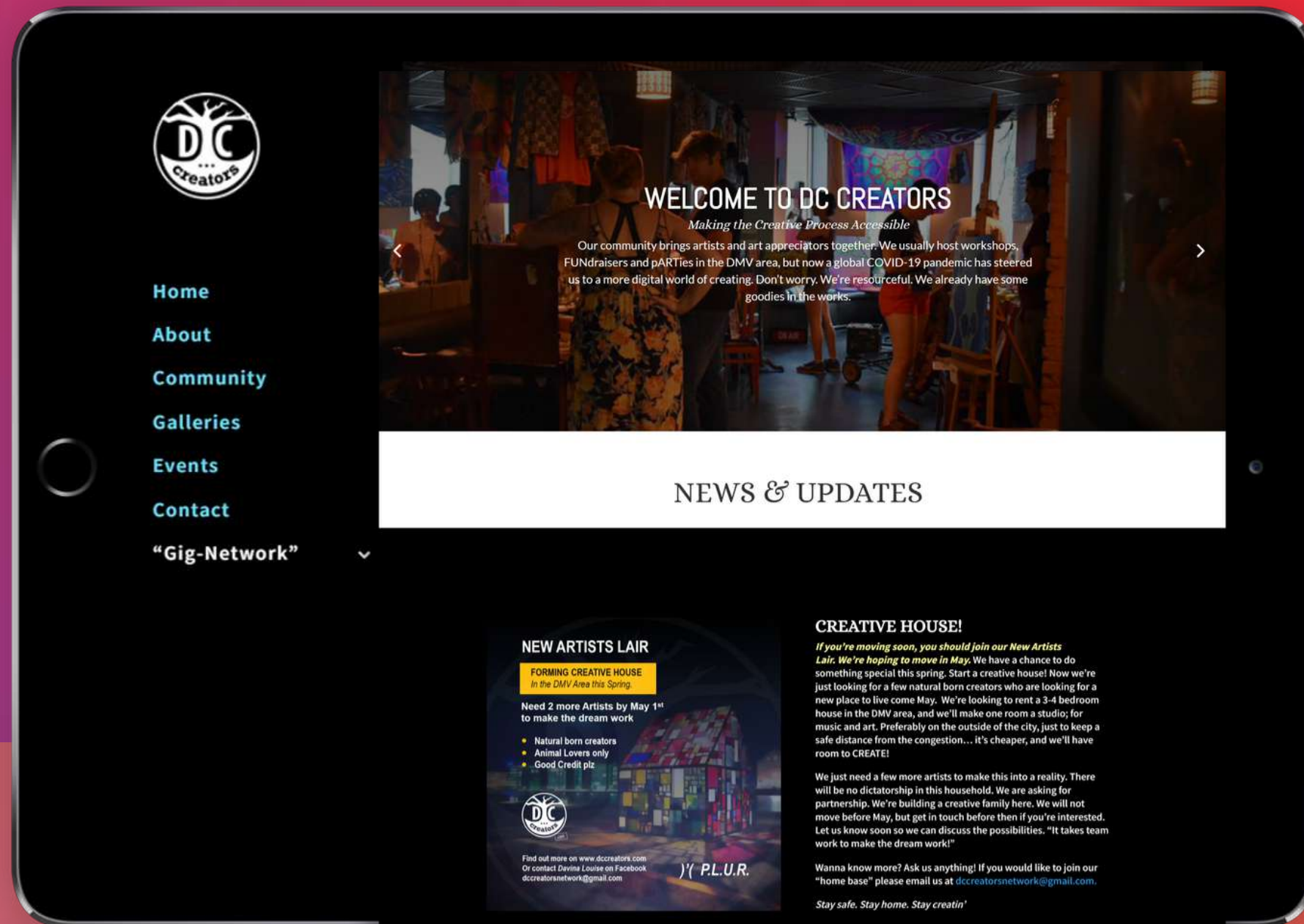
**Adobe Draw, Illustrator & Photoshop**  
(branding & photo manipulation)

**WordPress**  
(website CMS)

**Divi**  
(theme - animations  
& rollover effects)

**Godaddy**  
(host provider)





# OUTREACH

## COMMUNITY & PRODUCTIONS

<http://dccreators.com>

This mobile responsive website was designed for a **Creative Community** in the DC area. Its design grabs the audience so that artists sign up to attend commuart events. A new Resource and Network Center for the site is under construction. (View website for live version)

RESPONSIBLE FOR  
BRAND CREATION\*

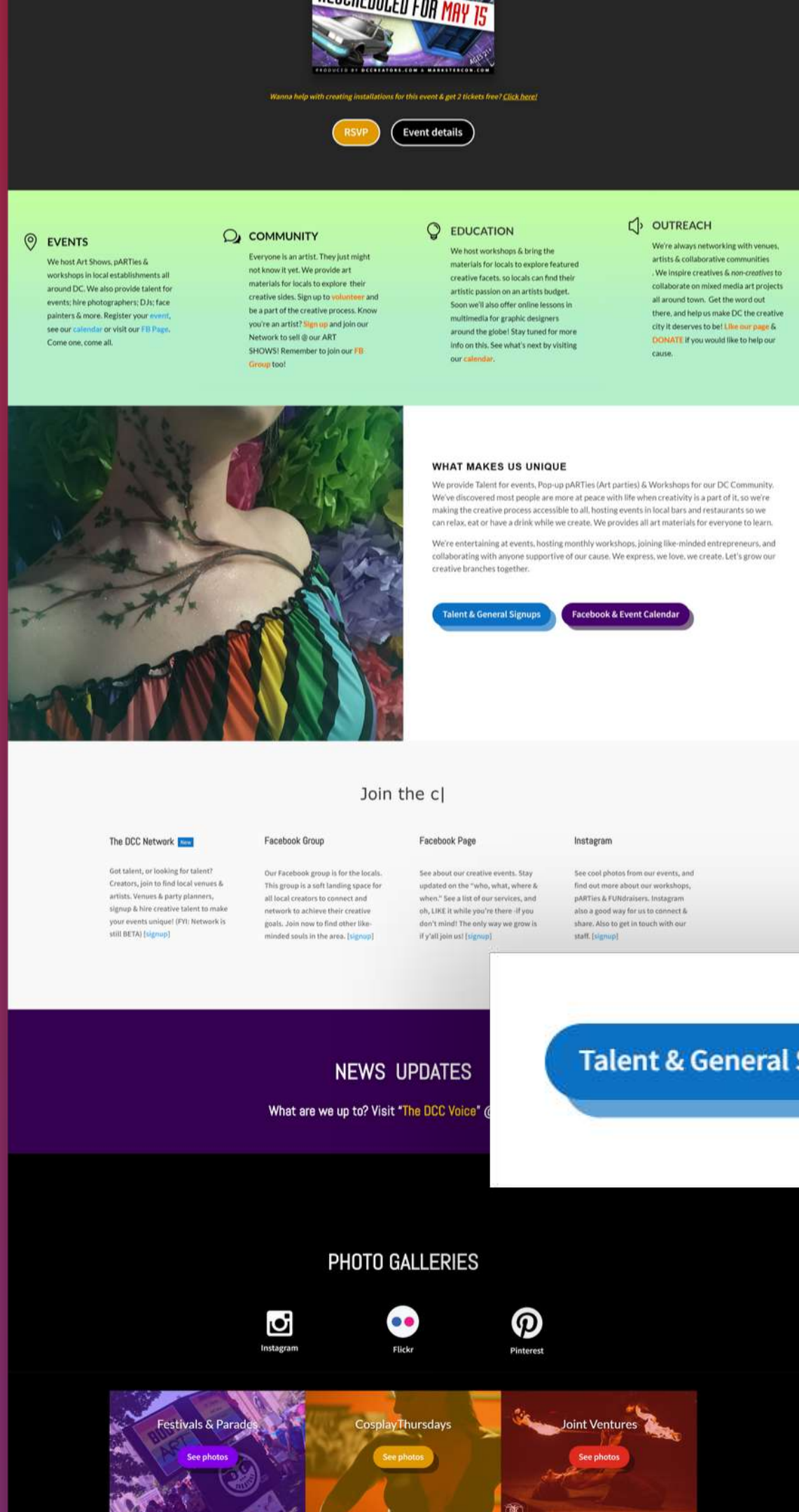


### DC CREATORS WELCOMES A NEW COLLABORATION – MARKSTER CON!

DC Creators is excited to announce we are now collaborating with the well-established geek & alternative event production company Markster Con, originally headquartered in Atlanta. This creative, fun and unique company which is geared towards adults, has expanded to several other cities on the East Coast since their vision became reality in 2012 since it's founding. With 2020 now here MarksterCon is expanding into the DMV area; after several brain-melding meetings with them we plan to collaborate on future events to bring in our New Year right, helping take our creativity to another realm! DC Creators is really excited for this opportunity and we plan to spice up our events by adding Costume pARTies to the mix, as well Galas, Balls, Geek Trivia Night, Bar Crawls and other social-based outings! Join us for our first event @Zeba Bar, March 20th.

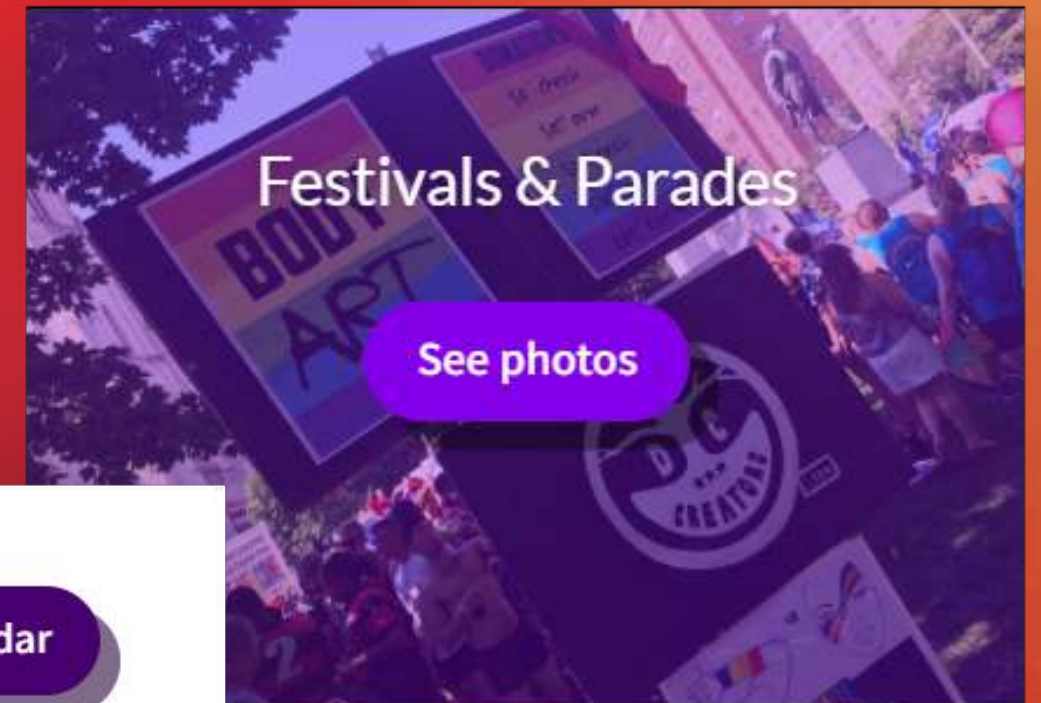
Read more about Markster Con Productions at [www.MarksterCon.com](http://www.MarksterCon.com)  
Facebook.com/Markstercon and <https://www.instagram.com/markstercon>





This site is designed with **bold colors to attract DC youth**. The goal is to have viewers to participate, sign up for events, network with others and join the mailing list. The site was built out so that visitors see the menu easily for navigation, and beautiful imagery from past events to show what they're signing up for!

## CALL TO ACTION SECTION



## PHOTO BOXES W/ COLOR FILTERS



CALLOUT  
BUTTON

TEST DRIVE OUR NETWORK

Join Our Mailing List

Name

Email

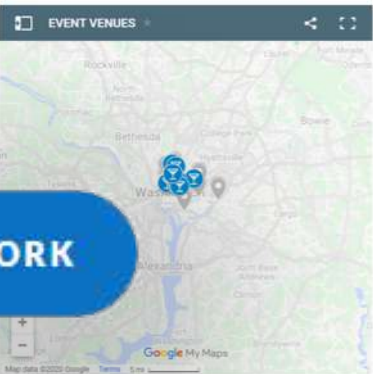
SUBSCRIBE

We'll only send important updates.  
We never spam.



MAILCHIMP  
INTEGRATION

## EVENT CALENDAR



Hire us!

Facebook Calendar



### OTHER EVENTS

This is a calendar of events in and out of the DMV area that we enjoy promoting. Giving you a full range of entertainment throughout the month. Specialized & more exclusive events. Even some that are listed in the #Cosplay & #BurningMan communities! Check out what else is going on while we put our next event together. If you would like your event listed here, please get in touch below! We're happy to promote any creative event in the area.

Collaboration is the key!

Join Our Mailing List

Name

Email

SUBSCRIBE

We'll only send important updates.  
We never spam.



touch!

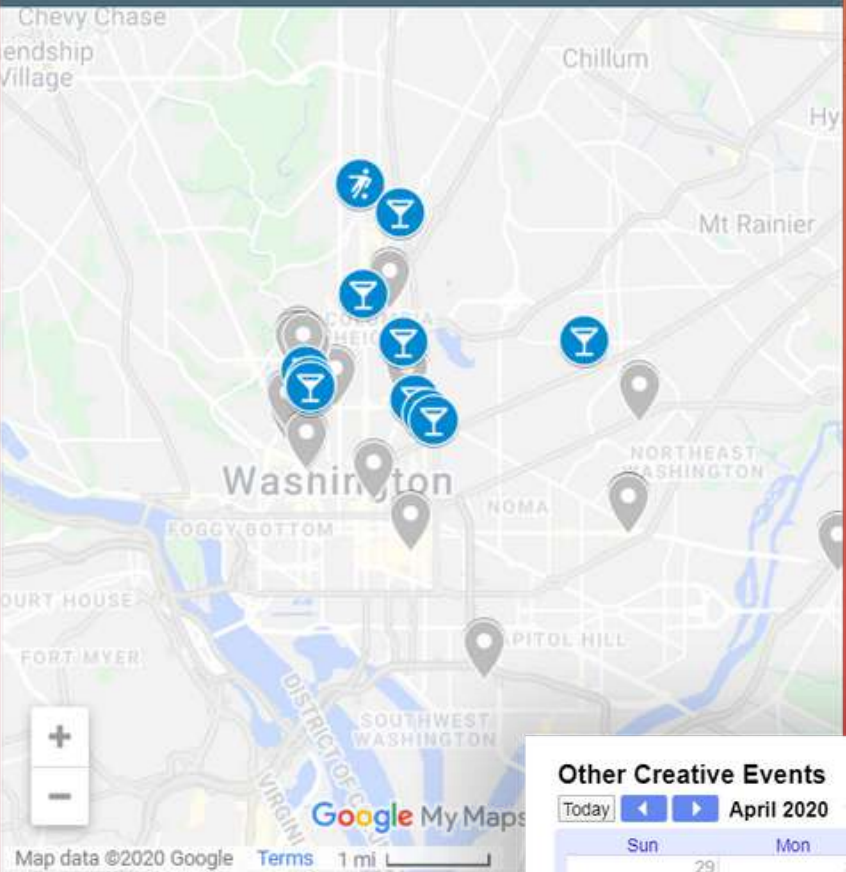
network if you would like to hire talent, create, creators! Add our Google calendar to yours to our events, or simply take a look at our Google our mailing list to stay updated. Check for our next event, or volunteer to be a part of the creative process. Our Facebook group consists of locals manly; but anyone can join. Help make DC the creative city it deserves to be.

TEST DRIVE OUR NETWORK

## CONTACT US

Don't Wait Any Longer. Book your event today!  
(434) 878-0565

## EVENT VENUES



GOOGLE  
MAPS  
INTEGRATION

GOOGLE  
CALENDAR  
INTEGRATION

### Other Creative Events

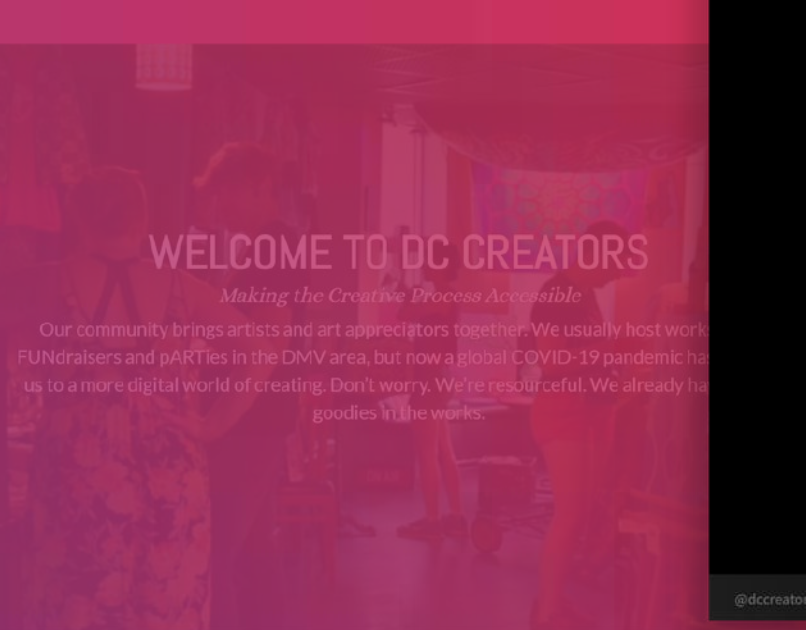


Email Address

Event date

Message





## WELCOME TO DC CREATORS

*Making the Creative Process Accessible*

Our community brings artists and art appreciators together. We usually host workshops, FUNdraisers and pARTies in the DMV area, but now a global COVID-19 pandemic has steered us to a more digital world of creating. Don't worry. We're resourceful. We already have some goodies in the works.

@dcreators

## NEWS & UPDATES

### ARTISTS LAIR

ING CREATIVE HOUSE  
DMV Area this Spring.

more Artists by May 1<sup>st</sup>  
the dream work

ral born creators  
al Lovers only  
Credit ptz

### CREATIVE HOUSE!

*If you're moving soon, you should join our New Artists Lair. We're hoping to move in May. We have a chance something special this spring. Start a creative house! just looking for a few natural born creators who are looking for a new place to live come May. We're looking to rent a 3-4 bedroom house in the DMV area, and we'll make one room a studio; for music and art. Preferably on the outside of the city, just to keep a safe distance from the congestion.... it's cheaper, and we'll have room to CREATE!*

We just need a few more artists to make this into a reality. There will be no dictatorship in this household. We are asking for

To book an event fill out the form below or call.  
We can answer any questions about pricing once we have a conversation.

Full Name

Phone Number

Email Address

Full Name

Phone Number

Email Address

Event date

Message

13 + 11 =

SEND MESSAGE

## CONTACT FORM

## STICKY MENU

## PARALLAX SLIDER

This website is one of my favorites because of its **viborant colors & creative subject.**



Home

About

Community

Galleries

Events

Contact

"Gig-Network" ▾

## WELCOME TO DC CREATORS

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Our community brings artists and art appreciators together. We usually host workshops, FUNdraisers and pARTies in the DMV area, but now a global COVID-19 pandemic has steered us to a more digital world of creating. Don't worry. We're resourceful. We already have some goodies in the works.





DC Creators...

CREATORS

+3 MORE GROUPS

## PERSONAL PROFILE PAGES



Messages Notifications Friends Settings



Home

About

Community

Galleries

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Contact

"Gig-Network" ▾

### My Profile



DC Creators...

CREATORS  
+3 MORE GROUPS



About Groups Blog Messages Notifications Friends Settings

Creators



This group is for all you creators out there! Make sure to update your profile to share with our community. There's a place to upload a bio, and a few...

Event Coordinators



Hire any talent on our website for your event! We provide all personal information on their profiles so you can get in touch. Creators have listed the...

Appreciators



This is a group for anyone who generally appreciates DC

Businesses



List your business location & events on our website, and hire

Logout

Events

#CosplayThursdays

Feathers & Fur

[FUNdraiser pARTy]

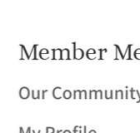
### Community Groups



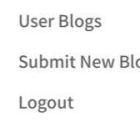
Appreciators



Creators



Businesses



Event Coordinators



Creators



Businesses

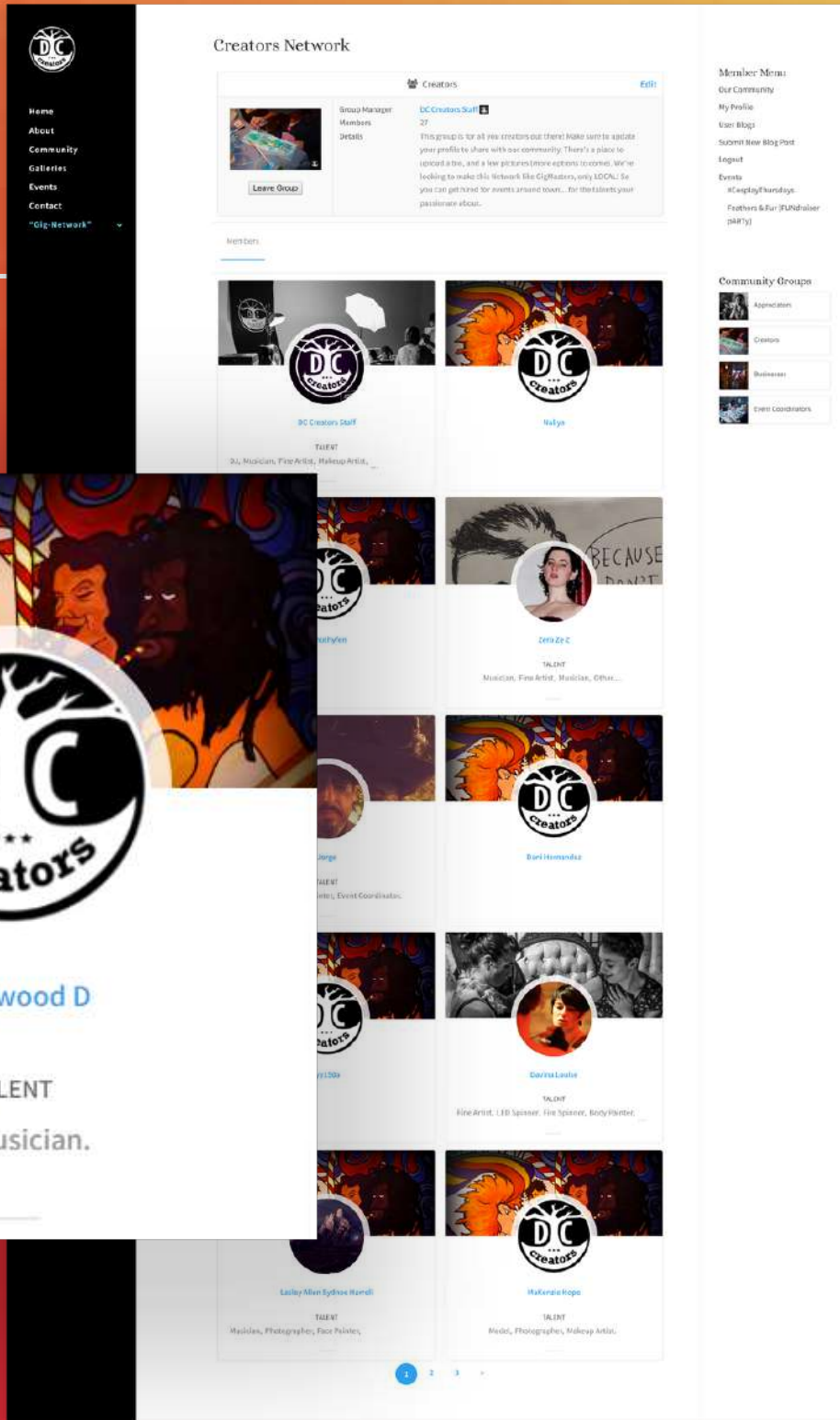


Event Coordinators

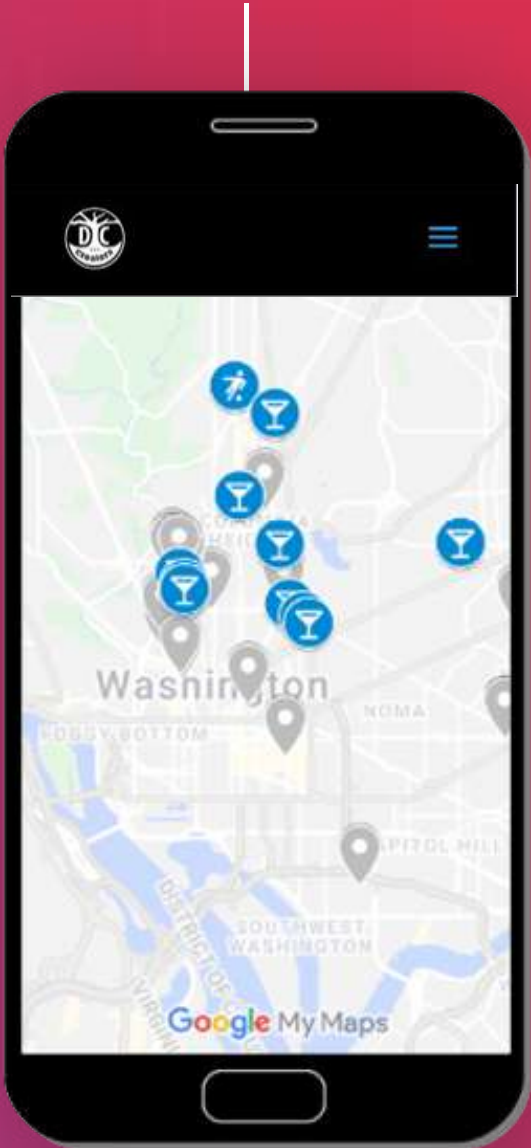
## PRIVATE NETWORK

## PROFILE PREVIEW

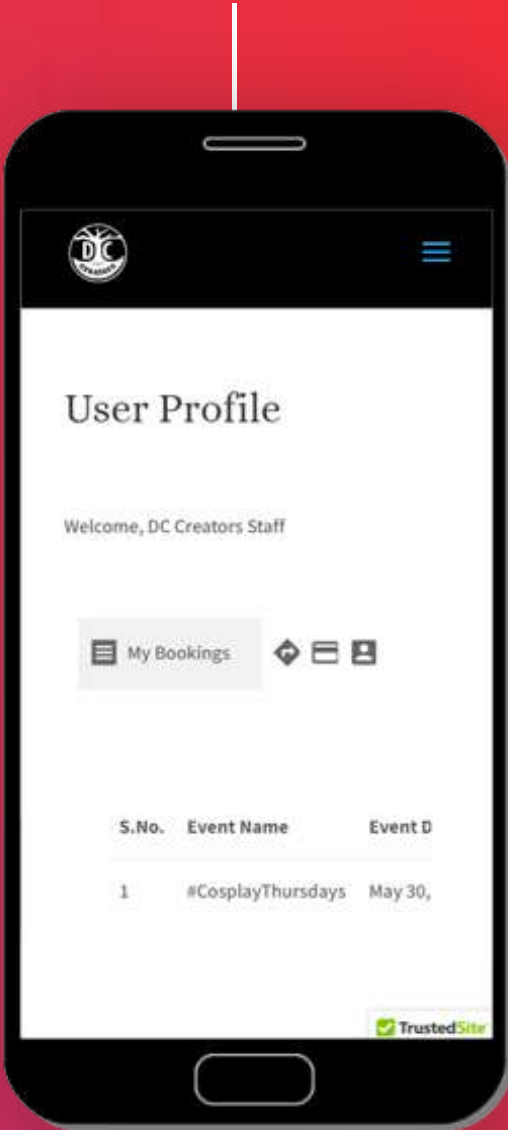
## GROUP CATEGORIES



EVENT VENUE  
GOOGLE MAP  
INTEGRATION



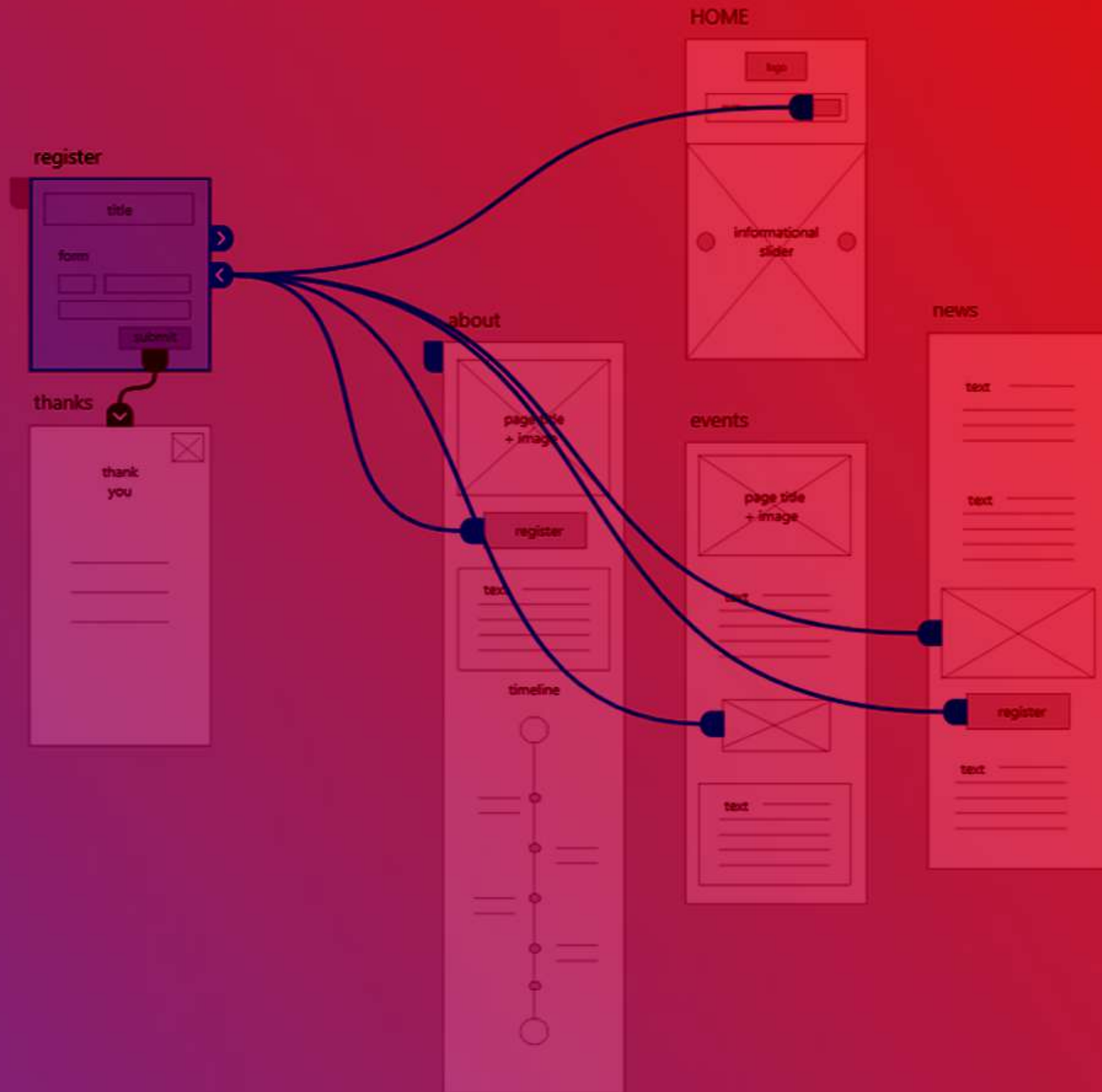
ONLINE  
NETWORK



GOOGLE  
CALENDAR  
INTEGRATION







## PROGRAMS / APS

## Adobe XD (*prototyping*)

## Adobe Draw, Illustrator & Photoshop (branding & photo manipulation)

## WordPress (website CMS)

**Divi**  
(theme - animations  
& rollover effects)

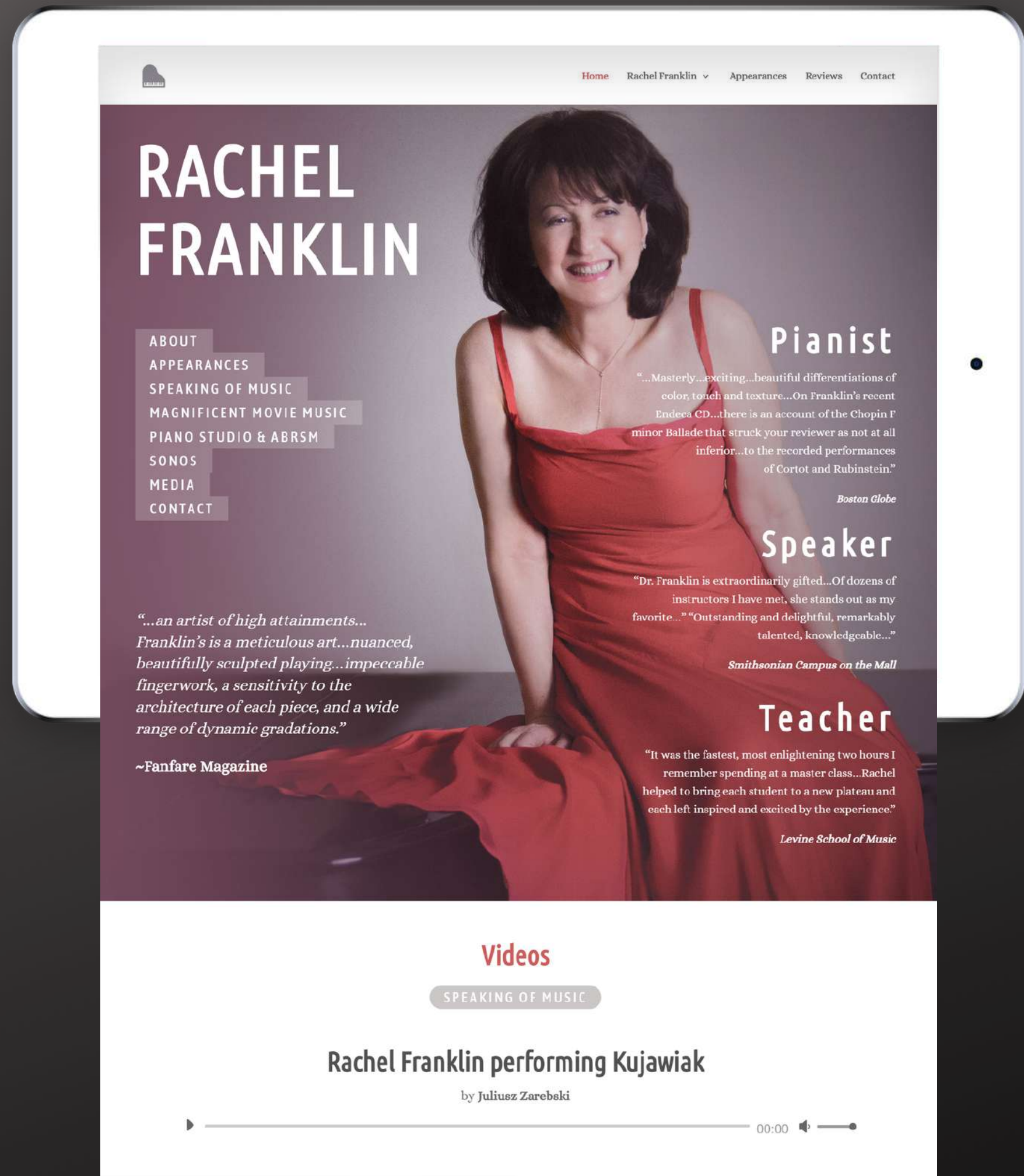
**Blue Host**  
(*host provider*)

# PIANIST

RACHEL FRANKLIN - TEACHER

<http://rachelfranklin.com>

This mobile responsive website was designed for an **established Pianist** in the DC area. Viewers can see her videos and listen to her audio lessons. Students can also sign up online. This site features video and audio integration for student learning). There are special pages for lessons, and mailing list signup. (View website for live version)





*A smooth look with  
minimal color so it  
POPs. Bringing  
attention to where  
it is most needed.*



VIDEO  
COVER  
IMAGE

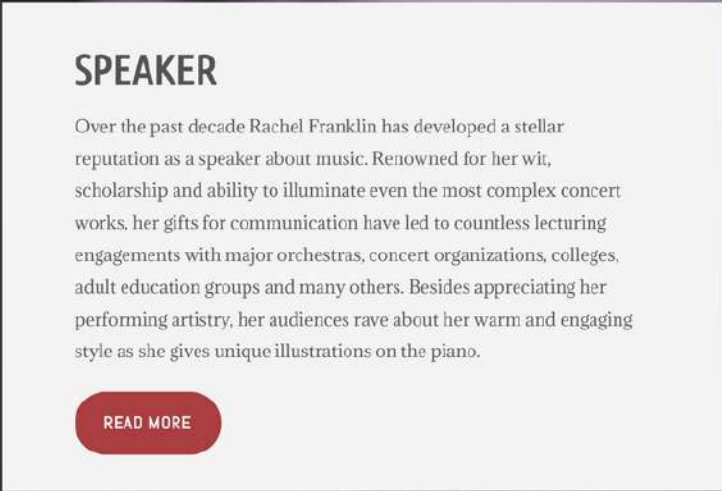
PARALLAX  
IMAGE  
BOX



PIANIST

British-born concert pianist Rachel Franklin is renowned as both a classical and jazz performer. Feeling strongly that the traditional classical recital format can offer listeners a more enriching, informative experience, her programs include demonstrations and storytelling, and embrace jazz selections in the mix. If you’ve ever sat through a classical concert and wanted to learn more about your experience, Rachel Franklin is all about changing that and helping listeners discover their personal connections with the creative force of great music.

READ MORE



SPEAKER

Over the past decade Rachel Franklin has developed a stellar reputation as a speaker about music. Renowned for her wit, scholarship and ability to illuminate even the most complex concert works, her gifts for communication have led to countless lecturing engagements with major orchestras, concert organizations, colleges, adult education groups and many others. Besides appreciating her performing artistry, her audiences rave about her warm and engaging style as she gives unique illustrations on the piano.

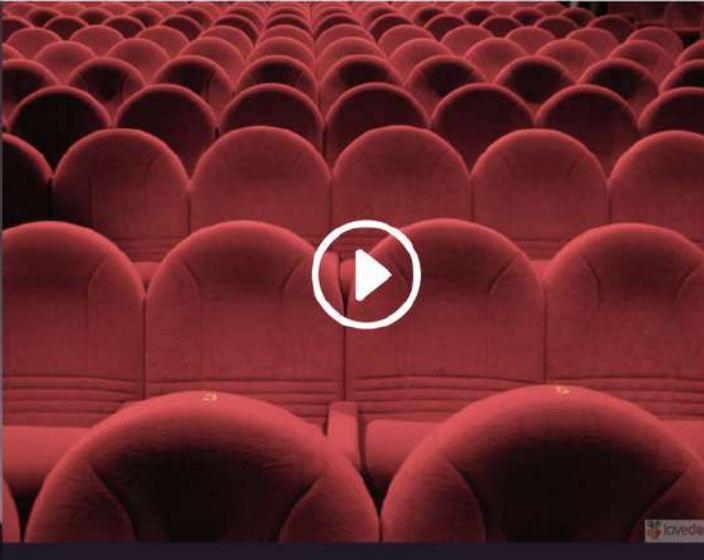
READ MORE



TEACHER

Dr. Rachel Franklin is a highly successful artist-teacher, dedicated to helping her students explore the joy and passion of classical and jazz piano. Her experience as both concert pianist and public speaker enables her to bring a uniquely broad professional vision to her lessons with intermediate/advanced players of all ages. She also has decades of experience preparing students for success in Associated Board of the Royal Schools of Music exams, or ABRSM. Humor, high expectations and constant creativity are the bedrock of Rachel’s teaching technique.

READ MORE



I designed this to be **classy and elegant**, to best relay Rachels professionalism. The goal is to have viewers sign up for classes, attend events, and listen to her music. A uniquely bold and attractive layout.

Videos

SPEAKING OF MUSIC

Rachel Franklin performing Kujawiak

by Juliusz Zarebski

▶

00:00



PIANIST

SPEAKER

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READ MORE



TEACHER

COPYRIGHT

SPEAKING OF RACHMANINOV

Piano concerto No. 2 in C minor. Part 1

Sergey Rachmaninov's celebrated 2nd piano concerto – a tale of fiery, heart-pulping music, staggering pianism, youthful self-absorption and...hypnotism? It's 1900 in Moscow. Find out how a man with a face like a gangster and fingers of tungsten composed one of the world's most adored piano pieces, along with the secret help of his therapist. In this first of three segments we take a look at why Rachmaninov's music affects us so deeply, and reach an obvious conclusion: never listen to critics...they can mess with your mojo.

READ MORE

Contact Rachel

Contact me with any questions or inquiries.

rff@rachelfranklin.com

© Rachel Franklin | Proudly designed by HeavyDesigns.com

f

Videos

SPEAKING OF MUSIC

Rachel Franklin performing Kujawiak

by Juliusz Zarebski

▶

00:00



MP3  
PLAYER  
EMBEDED



ROLLOVER  
EFFECTS

HOME

ABOUT

APPEARANCES

SPEAKING OF MUSIC

MAGNIFICENT MOVIE MUSIC

PIANO STUDIO & ABRSM

SONOS

MEDIA

CONTACT

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MAGNIFICENT MOVIE MUSIC  
PIANO STUDIO & ABRSM  
SONOS  
MEDIA  
CONTACT

MAGNIFICENT

In 2014 Rachel c...  
huge hit, leading  
audiences. She h...  
Academy Art Mu...  
many other othe...  
for the 2015 Ches...  
festival gala closi...

UPCOMING

Magnificent Movie Music series for Spring  
2019!

READ MORE

Film music can inspire and romance us. It can make emotional  
statements that a script can't convey, it can subvert a plot with a  
completely different subtext, and inject irony, fear or humor when  
there is apparently none on screen. Music can salvage a bad movie  
and make a good one great.



"Composers such as Bernard Herrmann, Max Steiner, Ennio Morricone  
and John Williams have engraved iconic scenes into our collective  
memory with their extraordinary music, even if the rest of the movie  
might have faded. What's driving our limbic system and creating those  
indelible cultural memories?"

With fascinating film clips, witty commentary and gorgeous piano  
demonstrations, concert pianist and movie fanatic Rachel Franklin delves  
into the hidden magic of some of the greatest film music ever composed.  
We look at the history and craft behind the composer's work, enjoy some  
Oscar-winning sounds and share great movie trivia. Fasten your  
seatbelts...it's going to be a fabulous ride!"

"What a production Rachel...congratulations....your performance  
closed the festival with just the ELAN and touch of eloquence and  
elegance we hoped to have... I am still in the Stars about it all.  
Fantastic job."

~ Cid Collins Walker, Artistic Director, Chesapeake Film Festival

"We look forward to attending all of Rachel's lecture series and  
concerts. If we had to pick a favorite, it would be Magnificent Movie  
Music! As a filmmaker, I now have a better understanding of the vital  
contribution the composer makes assisting the director's vision to  
guide the viewer's emotional experience as the film unfolds. I would  
give it five stars."

~ Jane Barbars, Chair, ScriptDC, Women in Film & Video, Washington  
DC. Writer/Producer, Testa Dura Media

RACHEL FRANKLIN LIVE IN CONCERT WITH  
THE PIEDMONT SYMPHONY ORCHESTRA

Shostakovich Piano Concerto No. 2 (listen)

"Of the many qualities that  
distinguished the English pianist Rachel  
Franklin's recital...it was perhaps the  
intelligence underpinning her creative  
interpretations that caused her to stand  
out from so many other young pianists  
that have been heard here....Ultimately it  
mattered little whether one agreed with  
every detail of these challenging  
interpretations, so stimulating and  
refreshing were they." ~ *Irish Times*,  
*Ireland*

MEDIA



Formal Bio 2018

"Swing Low Sweet Chariot": Rachel Franklin in

Spoken Broadcast for National Public Radio

Performance Today:- "Horowitz - The Private Collection" with  
Introduction by Martin Goldsmith

Listen

Fryderyk Chopin

EMBEDED  
VIDEO  
PLAYER



VEDIO  
COVER  
PHOTOS



Rachel Franklin featured on WERA, Arlington in the Morning with Ulysses E. Campbell

#### Rachel Franklin Presents: Magnificent Movie Music

Experiencing superb movie music can have a life-long impact. Director Alan Parker stated "A great film score gets under your skin, triggers your subconscious, enhances the drama and helps drive the emotional power train of the movie." With fascinating film clips, witty commentary and gorgeous piano demonstrations, concert pianist and movie fanatic Rachel Franklin delves into the hidden magic of some of the greatest film music ever composed.

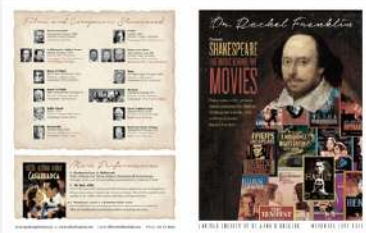


#### Jazz: Modern Soundscapes in Film

Enjoy spectacular jazz sounds from some of the world's great movie scores, composed by some of the world's greatest jazz musicians, including Duke Ellington, Quincy Jones, Chico Hamilton, Sonny Rollins and Miles Davis. Films range from noir and crime, to comedy and drama.

#### Jewish Composers and the Golden Age of Film

It is impossible to imagine many movies without the great Jewish composers of the 20th Century. Such figures as Max Steiner, Bernard Herrmann and Elmer Bernstein have engraved iconic scenes with their extraordinary music. Travel through time with Dr. Rachel Franklin tracing the immigration patterns of Jewish musicians from Europe and Russia to Hollywood, and investigate how so many became such an integral part of cinematic history.



#### Shakespeare: the

"The Play's the Thing" he could easily say, this haunted Macbeth to O'Night's Dream enjoyed multi-composers such as William Walton helping us relive the emotional power of the film.

#### William Wyler: the Films and the Music

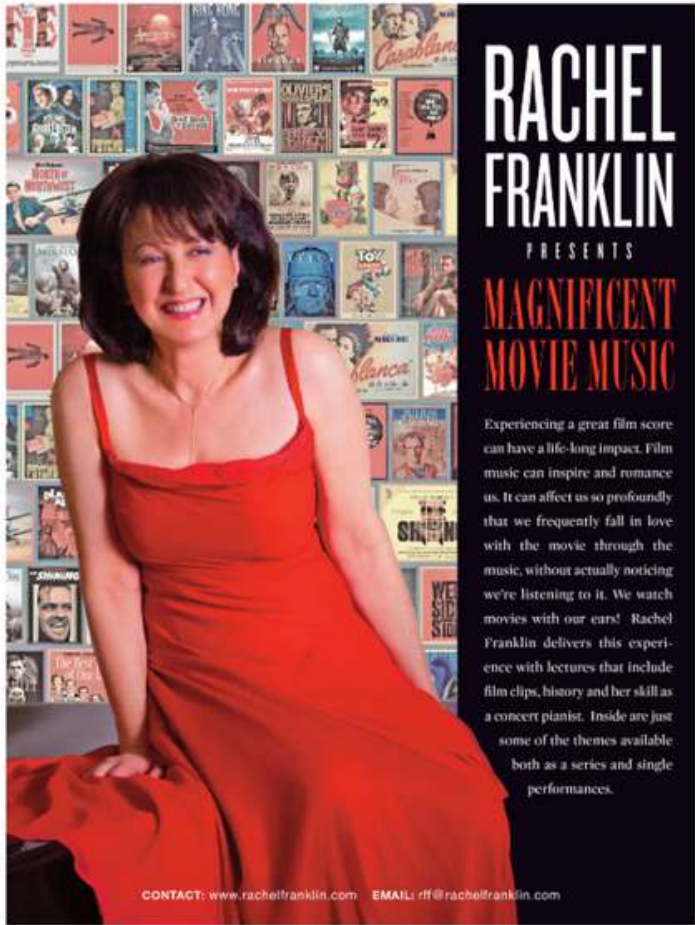
Director-superstar William Wyler made some of the most magnificent films in the Hollywood canon, and worked with many distinguished composers. This dazzling array of musical talent includes Max Steiner, Miklos Rosza and Aaron Copland, and their movies range from *Ben-Hur* to *The Best Years of our Lives*.

## IMAGE FILTERS

## FULL COLORED POP-UP IMAGE VIEWER

### Rachel Franklin Presents: Magnificent Movie Music

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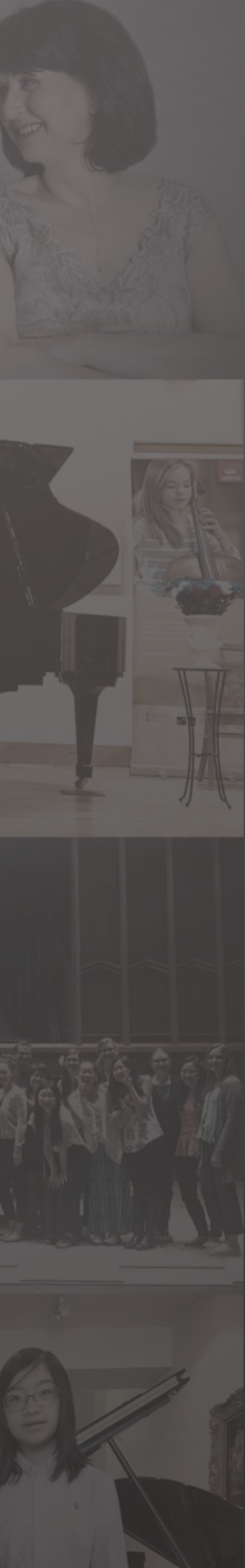
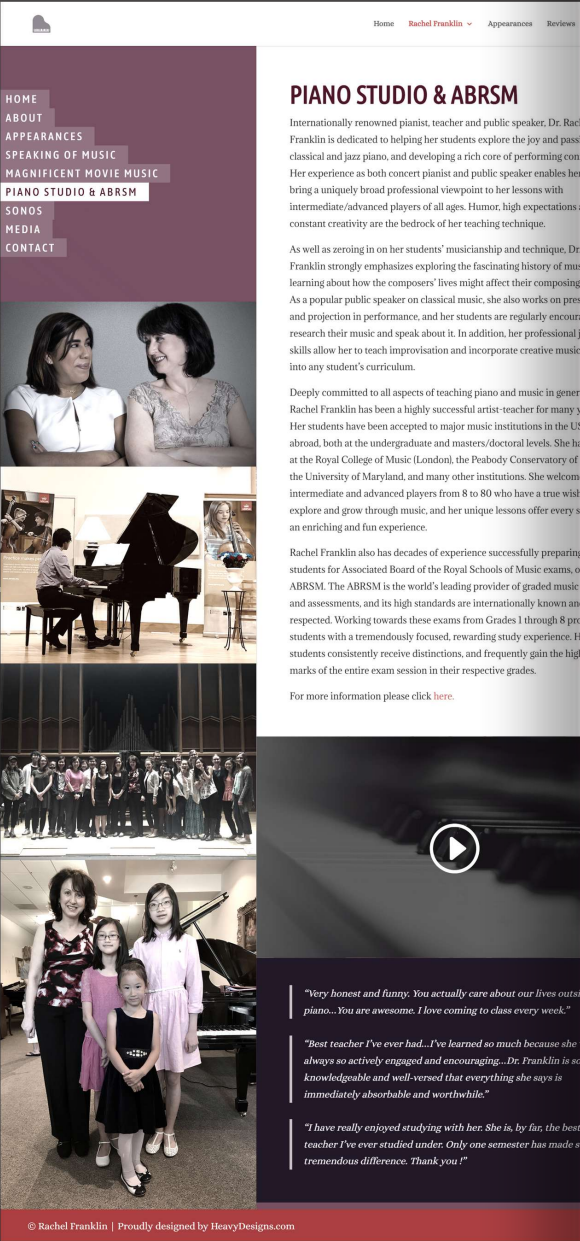


IMAGE  
EFFECTS



# CONTACT

Contact me with any questions or inquiries.  
[rff@rachelfranklin.com](mailto:rff@rachelfranklin.com)



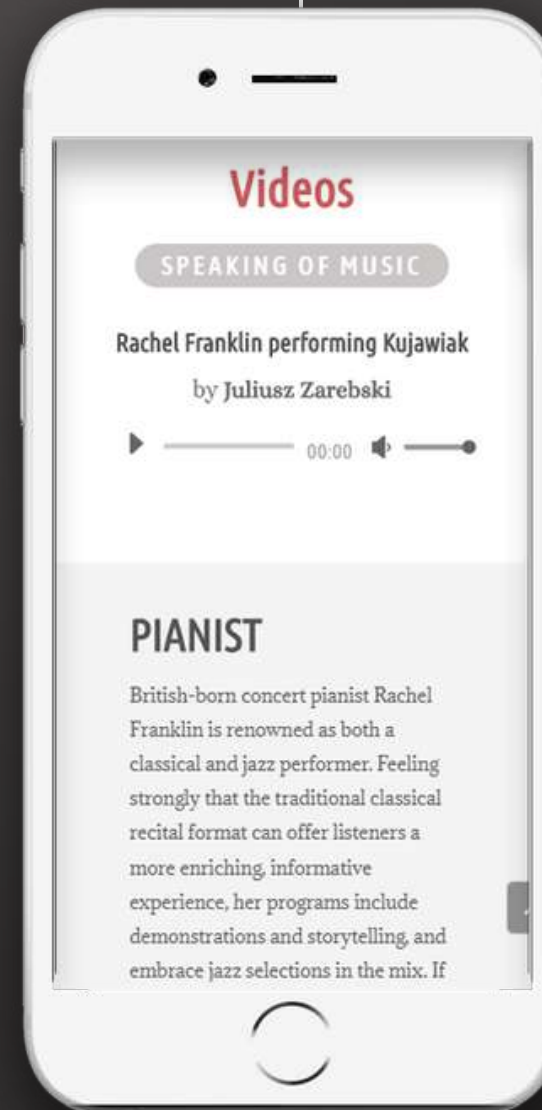
COPYRIGHT

FADED PHOTO  
EFFECT

QUICK  
LINKS



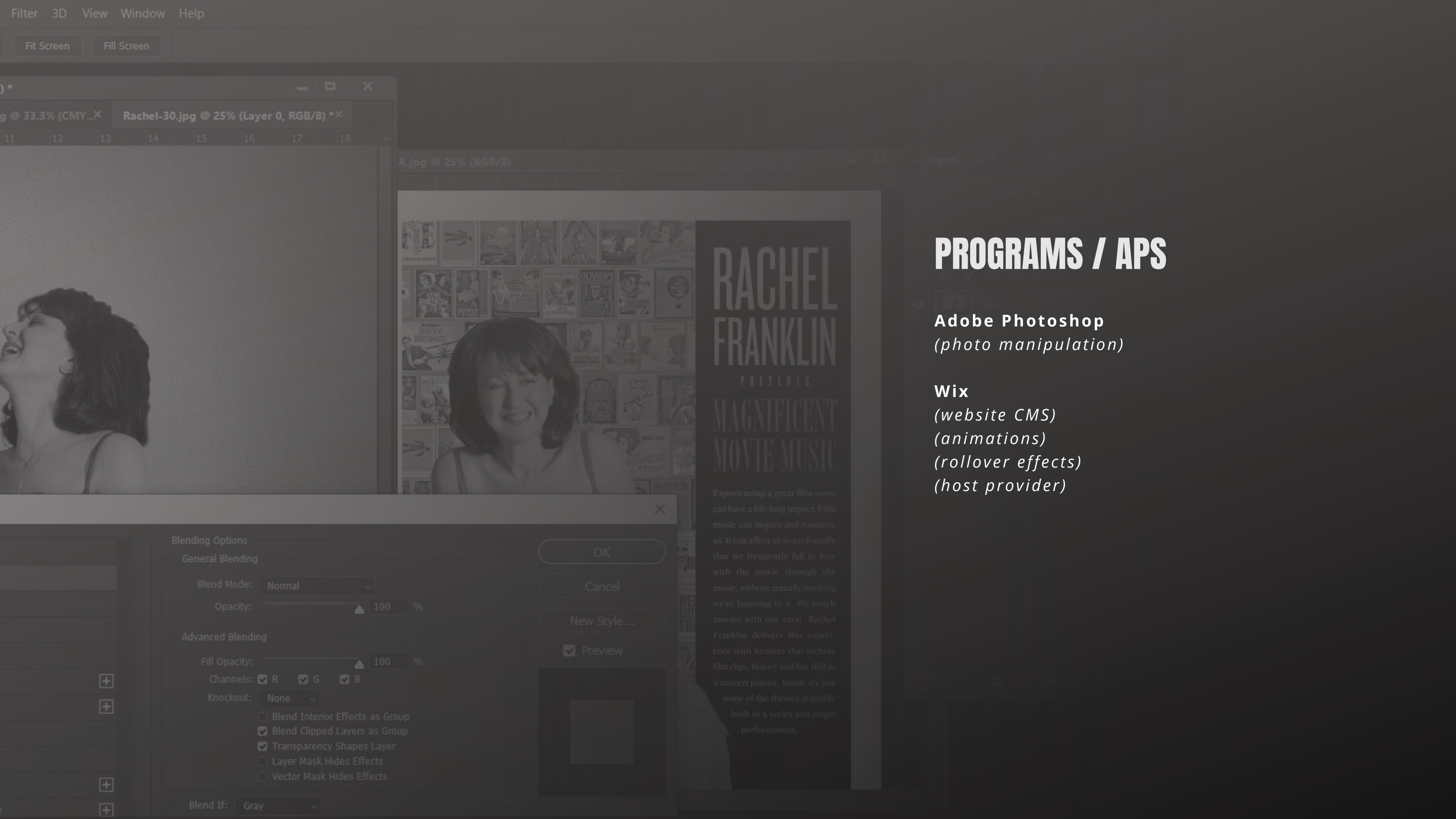
INTRODUCTION  
AUDIO TRACK  
+ LINK TO VIDEOS



SKILLS AND  
EXPERIENCE







# PROGRAMS / APS

**Adobe Photoshop**  
(*photo manipulation*)

**Wix**  
(*website CMS*)  
(*animations*)  
(*rollover effects*)  
(*host provider*)

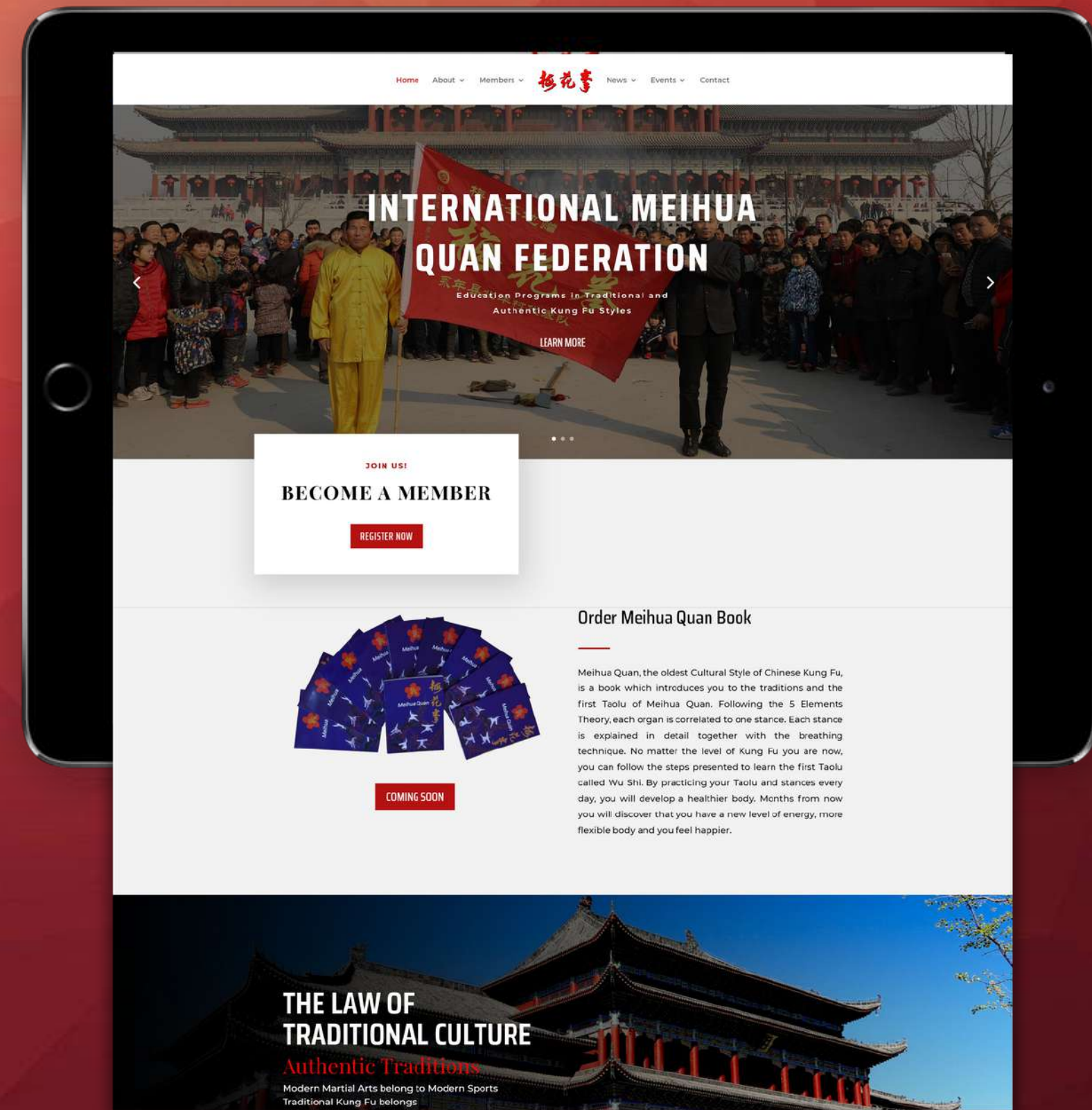
# MARTIAL ARTS

## MEIHUA QUAN FEDERATION

<http://meihuaquanfederation.org>

Mobile responsive website for **KUNG-FU Federation**. Designed so users can quickly signup for their Membership Program. This site has features such as a login for members, and special membership pages for classes. (View website for live version)

NOTE: The design provided in the link above is subject to change depending on the client.





"I designed this to be clean, bold & minimalistic. The goal with so much drop shadow behind the "call to action" areas is to get visitors to register for classes. "Making them take action" so to speak. I also placed them periodically throughout the website to help the possibility of success!"

## FOCAS AREAS

## STATIC CONTENT

## CALL TO ACTION BOX

## PARALLAX BACKGROUND

JOIN US!

# BECOME A MEMBER

REGISTER NOW

## Traditional Chinese Kung Fu and Authentic Traditions



### Education Programs

Join our Kung Fu, Chinese Culture and Chinese Traditional Medicine Education Programs. Get Certified as Kung Fu Master, Duanwei Training and other programs.

LEARN MORE



### Retreats

Join our Retreats for longevity, health, rejuvenation, weight loss and lifestyle. We guarantee a high standard of education, living and nutrition.

LEARN MORE



### Holistic Center

Join our Holistic Center where we consider you as a whole part of Nature: body, mind, spirit and emotions. To be happy is your Birth Right and your duty. Smile!

LEARN MORE



## INTANGIBLE CULTURAL HERITAGE

5th of March 2007

On 5th of March, 2007, in the Houmazhuang Village, Pingxiang County, Xingtai City, Hebei Province, Meihua Quan was awarded the Certificate of the INTANGIBLE CULTURAL HERITAGE in China. At this event participated successors and disciples from many provinces: Hebei, Henan, Shandong, Jiangsu as well as from Taiwan and USA.

At the event participated many Government representatives such as: Mr. Chen Yao (Bodyguard of Chairman Mao Zedong and former Red Army member), Mr. Wang Jingqing (son in law of Chairman Mao Zedong) and Mr. Wang Binsheng (former officer of the Central Organization Department of CCP).

From the Meihua Quan part, Mr. Zhang Xiling (17th Generation Traditional Disciple and Executive President of Chinese Meihua Quan Association) and Grandmaster Han Baiguang (16th Generation Successor) kept speeches at the event. Mr. Darrell William Levack representing the Chinese Culture Center of Connecticut, USA as President kept also a speech.

JOIN US!

# BECOME A MEMBER

REGISTER NOW





### Meihua Quan and Shaolin Kung Fu Seminar, Mexico City, Mexico

Oct 19, 2018

For the first time in Mexico, International Meihua Quan Federation together with Asociación Shé Lóng de Kung Fu A.C. will organize a series of Seminars for Traditional Chinese Martial Arts. The seminar topics are: Meihua Quan and Shaolin Kung Fu. The Certifications...

[read more](#)



## BLOG POSTS



### Meihua Quan and Shaolin Kung Fu Seminar, Mexico City, Mexico

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[read more](#)



### The 1st International Kung Fu Tournament, Seminars and Chinese Medicine Expo, Florida, USA

Oct 12, 2018

October 12 to 14, 2018 The International Meihua Quan Federation is hosting the 1st International Kung Fu Tournament, Awards Show, Meihua Quan Seminar and Traditional Chinese Medicine Health Fair. Lost Legacy Systems USA and Integrative Medicine US are working together...

[read more](#)



### The 2nd International Meihua Quan Masters League Tournament, Greece

Jun 24, 2018

At the Tournament participated representatives from 9 countries and more than 600 athletes from 20 Martial Arts Associations. The tournament was organized by the efforts of 3 Athletic Associations from Greece which are part of the International Meihua Quan Federation...

[read more](#)



I started my Martial journey about one year ago. I was looking for a healthier lifestyle and for something to help me in my work with young children which struggle with disabilities. I wanted to help them not only psychological but also physically. Meihua Quan as Martial Style is amazing due to the internal training of the organs but also helped me tremendously for my back and knee pain. I never thought possible that the 5 stances are so powerful! Amazing practice!

– Tsatsouli Matina –

## TESTIMONIALS

## CALL TO ACTION

## INTERNATIONAL MEIHUA QUAN FEDERATION

4200 Years of history now available!

[Register as a Member](#)

### IMHQF

Contact Meihuaquan Federation  
**Head Office**  
1161 Coral Club Dr, Coral Springs, FL 33071, USA  
meihuaquanfederation.org  
meihuaquanfederation@gmail.com  
**China Office**  
Shaolin Temple Guandu Ancient Town, Kunming City, Yunnan Province  
Tel: +86-1391036236  
+86-1572561168

### GENERAL LINKS

Meihua Quan Kung Fu  
Shaolin Kung Fu  
Sanda Kung Fu  
Wing Chun Kung Fu  
Taiji Kung Fu  
Meditation Kung Fu  
Qigong Kung Fu

### RECENT POSTS

Meihua Quan and Shaolin Kung Fu Seminar, Mexico City, Mexico  
Meihua Quan and Shaolin Kung Fu Seminar, Florida, USA  
The 1st International Kung Fu Tournament, Seminars and Chinese Medicine Expo, Florida, USA  
The Ultimate Shaolin Monks Retreat  
The Self-Realization & Empowerment Monks Retreat

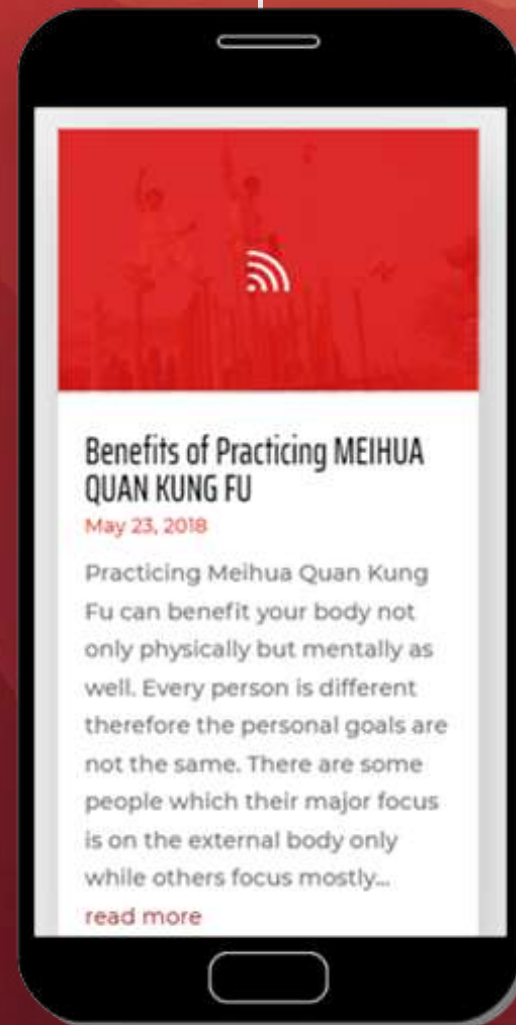


[f](#) [i](#) [in](#) [v](#) [p](#)

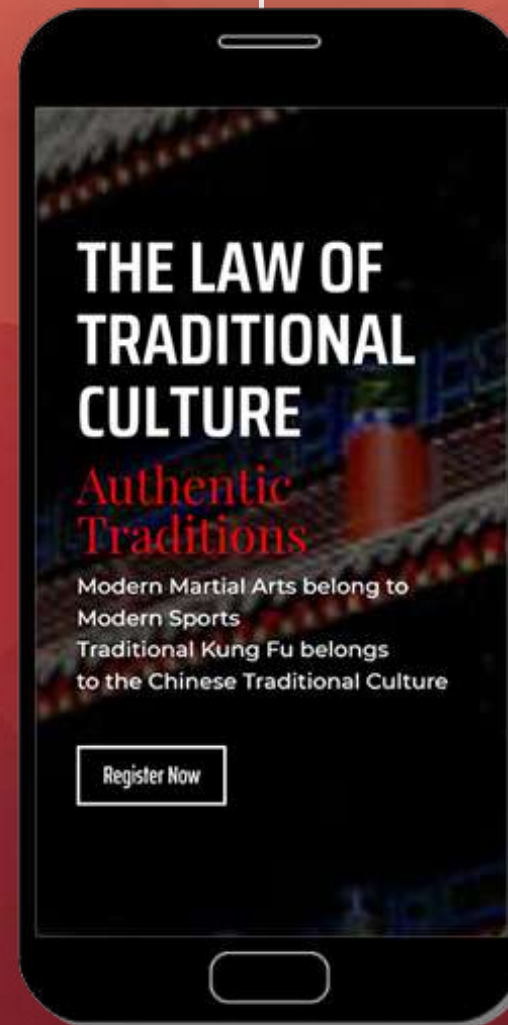




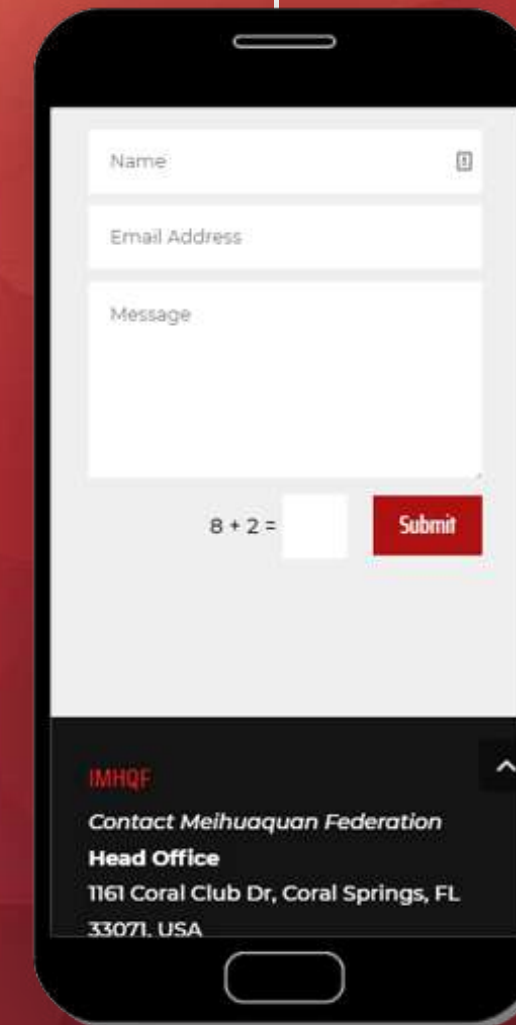
## CATEGORIZED BLOG



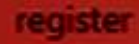
## REGISTRATION



## MESSAGE FORM





[HOME](#)

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news

**HostGator**  
(*host provider*)

**Thanks for viewing my portfolio.**  
I'm always looking for new clients, and am always open to discussing possible projects. Please contact me through my website or email [heavydesigns@gmail.com](mailto:heavydesigns@gmail.com)

Davina Blanchard,  
Owner & CEO of Heavy Designs

[www.heavydesigns.com](http://www.heavydesigns.com)





# DESIGN PROCESS

Discuss what the business was about and overall **goals for website function.**

**Collect Information;** Collect photographs and gather data to start giving inspiration.

**Create Layout Design** & UX/UI  
(wireframes / layout).

**Brainstorm,** and conversations. Repeat.

**Gather Feedback** for final edits on design.

**Deliver final graphic** files needed & login info to edit website.

**Training provided** for clients not familiar with the CMS, or theme.

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## DESIGN PROGRAMS

*Adobe Illustrator & Photoshop*

## CONTENT MANAGEMENT SYSTEMS

*WordPress & Wix*

